# Presbyterian Press



October 2024



### A Note From The Noodle Of The Paston..

I am excited for fall, as the temperatures cool and the fall color begins to grace the landscape, it is a reminder that God's way is restoration and regeneration. Fall is also a reminder that Advent is around the corner, and that we will soon be engaging in what it means that God came to earth to walk among us, and to show us the extent of the mercy and grace of God.

Something that I am excited for is that October 20th at 6:00 we will be hosting a concert by the gospel quartet Majesty. This will be a love offering benefit for a Christian orphanage and school in Pakistan, Care Christian School. I hope that all of you will consider coming, and that you might also invite your friends and neighbors. I would love to fill our sanctuary for this event, to support both Majesty and Care Christian School.

Our mission study team is wrapping up their data collection for the mission study, and will soon begin writing their report so that we might get on our way to entering the call process. We are looking forward to bring all that we have discovered together and sharing it with all of you. One general observation is that we have a loving and caring group of people here at First United Presbyterian, that wants to share and show God's steadfast love to our community and beyond.

On a personal note, I will be having knee replacement surgery on October 4th, so our pulpit for October 6th will be filled by Cody Myers. I plan to be back in the pulpit for October 13th which is communion Sunday. Know that even though I will not physically be here on October 6th that my heart and spirit are.

### What it means to be Presbyterian.

Someone asked me not to long ago why we often call one of the readings in the service the epistle lesson. The word epistle in Greek literally means letter. So, we often say something like, "the letter from Paul to the church at Rome." The alternative is to say, "Paul's epistle to Rome."

Those two statements mean the same thing. Interestingly most of the population of that time could not read in any language. And though Koine Greek would have been the most commonly spoken language, it was still the language of the most educated in the population.

For these reasons, it was often the procedure to send someone along to read the letter out loud to the people of the particular church to which the letter was written. This lack of literacy, somewhere less than 1% of the population, is also one of the reasons that the Gospels were oral tradition until somewhere around the year 70, Mark's Gospel being the first one to be written down.

It is interesting and inspiring to think that the people of the church would gather together and read these epistles, and tell the stories of the Gospel, something that we still do today.



### Did You Knowdle...

In honor of our ever-faithful noodlers past, present and future.

As my siblings and I grew up, we each had a favorite type of food. I doubt any of us ever really agreed with each other over which of those foods was better than the others, we all had quirks. One brother couldn't have his food touching each other, the other would be happy with whatever was in front of him even if it was all mixed together. My sister and I were much more refined than those heathens, but she leans towards flavors of onions and other vegetables, and I wouldn't eat anything that is green.

There was however, one thing we absolutely agreed on, Mom's homemade noodles.

We knew we were in luck when the preparation for a beef and noodle dinner would begin at least three days before a birthday, extended family dinner, company was coming, etc. It was amazing and so was she! She would put the flour in the blue-green melamine bowl she used for everything from peeling potatoes to dyeing material, make a well in the middle of it and dump in at least a dozen eggs. Her way of whisking those eggs into the flour was flawless and at just the right moment she would turn out that sticky dough onto the kitchen table.

The table was teeming with flour as we watched her flatten out those balls of dough into rounds at just the height for the perfect noodle. And there those rounds of dough laid out overnight to dry.

The next day she would pull out the 100-year-old, two-foot serrated knife, (not really but what did we know?) with the brown handle that was still just a little bit loose after all the years of use. It always did the job as Dad was sure to keep it in working order.

It was time to cut the noodles. She would cut the dry rounds in half, putting one on top of another as if it were a stack of pancakes. Without worry of any knife slipping, she would place her hand on the stack with her thumb at the perfect spot where the cutting would begin. Slicing down, those beautiful golden noodles would fall forward, nearly always the same perfect size as the slice before them had been. When she was done cutting, she would pick up a handful of noodles and shake the excess flour off of them and spread them out for a bit of continued drying.

This was our favorite part of the entire process. Those tempting strands of what would become a meal fit for a king were always calling us to snitch one or two (or make a ball of them) and eat them raw!! We didn't care about stories of eating uncooked eggs and what that could do to you, we laughed when we were admonished of the noodles expanding in your stomach making you sick or giving you worms, we just knew she made them as she had many other times and when they found their place on the dinner table, we would be in heaven.

The groundwork for the meal would begin the day before it was served. A beef roast was slowly, well, roasted for hours over a very low heat with the mandatory stalk of celery for added flavor. The water swirling with juices was saved for boiling the noodles on the big day.

As we sat down to that much awaited meal, with the mashed potatoes, corn and green beans, rolls and pie, we knew there was love around the table, love of food, (raw or cooked) love for each other and the bit of dread in the back of the mind as to whose turn it was to do the dishes.

So, from one Harris family member to the Church Family members who take on the yearly task of making those piles of noodles, thank you. Thank you for your time and effort, thank you for bringing together a group of people who find fellowship in the gift of friendship and togetherness, for serving the community, for allowing us to live some of those memories of childhood and for strengthening the love within the great big, beautiful building we call First United Presbyterian Church.



### Good Newsdles ...



Back to the real world!

As school starts up again, Jill Butler assists a pre-schooler, getting her ready for what comes next!!

We are very lucky to have such dedicated teachers and school











What our members are up to!! Beth holds many certifications in the equine world!!

Thank you **Beth** for working for the good of the animals and the humans!!!



**Becky** and **Scarlett Lentz** recently honored us with a wonderful rendition of "El Shaddai".

Thank you ladies, it was a pleasure to hear you beautiful voices!!

If anyone from the congregation is available to provide special music for a Sunday, please contact Sue Crawfis!

You can do just about anything!! Sing alone, sing in group, play an instrument!! Age doesn't matter, we want everyone to enjoy being a part of the musical section of the service!

Make a joyful noise!!



Great news for the schools of Logan County! Mark Butler, former Principal at Benjamin Logan High School, is now the Career Awareness Coordinator from Ohio Hi-Point Career Center, and will soon be visiting our schools!

He will be joined by Ohio Hi-Point students to deliver fun, engaging, and hands-on Career Awareness Kits. These interactive activities are designed to inspire and excite our young learners as they explore a wide range of potential career opportunities. It's a fantastic chance for students to discover new passions and start thinking about their futures in a fun and creative way as well as getting to meet a guy as great as Mark!! Stay tuned for more details on this exciting opportunity!



#### The Presbyterian Women's Association presents

### Annette Franks, M.Ed., CWC Motivational Speaker – Corporate Wellness Coach Holistic Health Advisor

Annette will be featured at this years' annual Women's Retreat,
Saturday October 12, 2024
Kirkmont Center
6946 County Road 10
Zanesfield Ohio

She will be speaking on "Empowering Our True Selves". Enhancing the Inner Beauty of a Woman and Radiating from the Inside Out, Exploring our own Selftcare and Life Balance.

Annette Franks is a Corporate Wellness Coach and Holistic Health Advisor as well as a Licensed Professional Counselor. She is licensed through the State of Ohio Counselor and Social Worker Board. She has over 40 years experience working with individuals, couples, families and Companies in counseling and consulting working from her Consulting HeaPractices in Columbus, Ohio and Punta Gorda, Florida.

Annette's extensive background in many fields, including Psychology, Energy and Functional Medicines, Addiction and Permaculture Design, among others, has aided her teaching within the United States, Canada, Mexico and Costa Rica. She also conducts Empowerment Seminars, Counselor and Corporate Training and Professional Development Programs throughout the United States.

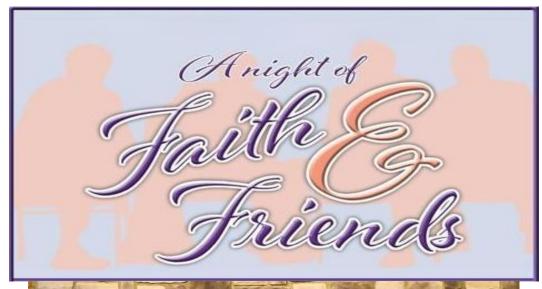
She is a Senior Trainer and a Certified Qigong and Tai Chi Teacher from the Institute of Integral Qigong and Tai Chi in Santa Barbara, California and studied in China with Dr. Roger Jahnke. OMD and Master Zhou Jin Bo.

Annette's background in Integrative Medicine and Holistic Health Practices mirror the Ethics and Principles of Permaculture "Care of People, Care of the Earth, Care for Our Future".

Annette is a dynamic speaker keeping on the cutting edge of Research in Integrative Holistic Mind-Body Health Practices and Sustainable Living Practices.

She has a passion for life and for learning and it shows in her daily life and all her Seminars and Retreats.

If you would like to be a part of the annual Women's Retreat, please contact any member of the Presbyterian Women's Association, or email the church office at <a href="mailto:1stupc@bellefontainepres.com">1stupc@bellefontainepres.com</a>, or call us at 937-592-6611.





# "Majesty"

Please join us as we welcome the

### Majesty Quartet

October 20, 2024 6:00pm First United Presbyterian Church 117 M. Main St. Bellefontaine, Ohio

This is a love offering concert to raise awareness of the Care Christian School and orphanage in Pakistan.



Although it's wasn't March 14 (3.14), it was definitely Pie Day with Dana Heydinger demonstrating her skill at pie baking!

After a wonderful presentation, attendees were able to roll their own crusts, anticipating the filling and baking!!

A lunch of pizza and salad was enjoyed, topped off by a piece of one of the fabulous pies Dana brought along!



Many thank you's to everyone who came out to bake chocolate chip cookies going to the Kairos group and their weekend of praise.

Thanks to all who also filled out a hand or foot for our latest poster going with Pastor Greg as a sign of encouragement!







### Dodles of Thank Youdles ...

1stUPC, I would like to thank you guys for my scholarship this past summer. It is awesome to have local people supporting you during your time in college. I feel very honored and blessed for your generosity.

Best, Clay Jacobs

Dear Pastor Greg and Session, Thank you for your generosity in sharing offering with Ostrander Presbyterian Church. We truly felt welcome joining you for your service and especially for Communion. You've been blessed with a wonderful Pastor.

Sincerely, The Session of Ostrander Presbyterian Church

Dear Pastor Greg and Pam, Thank you both so much for coming over to visit and for sharing communion with us. It was a truly special time, and your care and thoughtfulness meant the world to us. We had such a great visit, and we're grateful for the comfort and spiritual support you provided. Your kindness is a blessing.

God Bless You, Nate and Becky Weber



#### I Have Noodles In My Nostrils

I have noodles in my nostrils.

I have noodles on my nose.

There are noodles on my cheeks and chin and dripping down my clothes.

I've got more upon my forehead. Some are sticking to my neck. It's completely disconcerting. I'm a noodle-covered wreck.

I can see them on my kneecaps, and I know they're in my shoes. (When I stand they're somewhat squishy and I feel them start to ooze.)

There are several in my pockets. There's a handful in my hair. And I'm pretty sure that some are even in my underwear.

So try not to do what I did. I'm a total nincompoop, and I fell asleep at lunch while eating chicken noodle soup.

Kenn Nesbitt



#### PAT ORTLI

Tattoo: A heart with the names of John and Dick.

Favorite Book: To Kill A Mockingbird.

Craziest Relative: Daughter

Weirdest fact you know: the longest word in the

English Language. . .

Pneumonoultramicroscopicsilicovolcanoconiosis

(Black Lung)

#### LARRY PAVER

Boat name: Pearl Dean

Favorite Book: The Bible

Favorite Color: Blue

Famous for: Being a good friend and

**BOWLING!** 





### Those Needing Our Special Prayers . . .

Ciara Ericksen Eleanor Brewer Anne Heinlen Mary Jane Baker Mark Amidon Vicki Shafer Karen Primavera Vera Miller Chris Suman Carl Wunderle Mary Jane Baker David Ritter Bud Jackson Sherri Ullom Roxanne Fisher Deardurff Family

With Us In Spirit . . .

Sue Albano \*104, 2739 Co. Rd. #91 Belleft. 43311
Byron Fullerton \*316, 2739 Co. Rd. #91 Belleft. 43311
Vera Miller 10536 Manatee Drive Huntsville 43324
Lois Ashworth 209 E. Glen Belleft. 43311
June Coil 6559 US Rt. 68 S. West Liberty 43357
Bob Carter 6559 US Rt. 68 S. West Liberty 43357
Joyce Core 2450 Co. Rd. #118 Rushsylvania 43347
Bud and Mona Eichholtz 1328 Omaha Rd. Belleft. 43311
Anne Heinlen 741 E. Sandusky Ave. Belleft. 43311
Marcella Neeld 541 Center St. Belleft. 43311



Send a Card!!



### Celebrating A Rivithday In October . . .

October 1: Lois Ashworth October 17

Nate Weber 608 Newford Dr. Belleft, 43311

October 3: Todd Heydinger

October 5: Lisa Kennedy

October 11: Lyrik Core

October 12: Ella Wunderle

October 14: Steve Cox

October 16: Mark Butler

October 17: Mark Amidon

October 19: Bill Wical

October 22: Judy Wical

October 24: Ben Stahler

October 27: Wendi Menssen

October 28: Dori Jervis, Frank Bozman

Eric Adelsberger



### Celebrating A Wedding Anniversary In October . . .

October 7: Todd and Dana Heydinger October 22: Betty and Bobby Justice

October 23: Nate and Becky Weber October 30: Tom and Pam Ark



### Noodling Around In The Kitchen . . .



#### FETTUCCINE ALFREDO

Ingredients:

1 lb. fettuccine noodles

3 Tbsp. butter

1.5 C. Heavy Cream

1 C. Shredded Parmesan Cheese, plus more for garnish.

Kosher salt and freshly ground black pepper.

Bring a large pot of salted water to a boil over medium high heat. Cook pasta according to package directions. Reserve 1 cup cooking water before draining.

Meanwhile, melt butter over medium-low heat in a large skillet. Add cream and stir until mixture begins to bubble and thicken, 2 to 3 minutes. Add cheese and reduce heat to low. Cook, stirring, until thickened, 5 to 7 minutes. Season with salt and pepper.

Remove from heat, add pasta and stir until coated (If necessary, add cooking water, 1 tablespoon at a time, to thin the sauce and help it coat.) Serve immediately garnished with parsley or thyme.



#### **CHICKEN SPAGHETTI**

Ingredients:

1 (12 ounce) package angel hair pasta

2 cups chopped cooked chicken breast

1 (10.75 ounce) can condensed cream of chicken soup

1 (10 ounce) can diced tomatoes with green chili peppers

34 (8 ounce) package processed cheese, cubed

 $\frac{1}{2}$  (4 ounce) jar sliced mushrooms, drained Salt and pepper to taste

Bring a large pot of lightly salted water to a boil. Cook angel hair pasta in the boiling water, stirring occasionally, until tender yet firm to the bite, 4 to 5 minutes.

Drain pasta and return it to the pot.

Add chopped chicken, condensed soup, diced tomatoes with chile peppers, processed cheese, mushrooms, salt, and pepper.

Cook and stir over low heat until cheese is melted and mixture is heated through, about 5 minutes.



ROBBIE ROBINSON

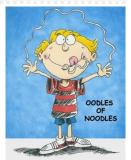
Tattoo: Tiger Clock SuperHero: Superman

Craziest Relative: Sister Favorite Book: Captain Underpants





### Committee Collander . . .



Beginning Tuesday, October 1, the **NOODLE MAKING** WILL COMMENSE! Our nice, neat, nifty Noodlers will use their noggins and begin the process of navigating the amount of noodles needed for the Election Day Lunch! No knuckleheads, ninnies, or numskulls in this group!!

If you would like to join in the no nonsense rolling, cutting and drying, please feel free to pull up a seat and let the fun begin! 5:00 to 7:00pm each Tuesday in October!

How do noodles say farewell in Italy? Pasta la vista, baby!



Because Pastor Greg will be having knee surgery early in October we will not be celebrating the Sacrament of Communion on October 6, which is World Communion Sunday. Our schedule will remain with communion on October 13.



The Mission and Outreach Committee will be collecting gently used coats, hats and gloves to offer to our guests at the November Dinner at the Pres. If you have any of these to donate, please bring them to the Church Office!





Our Daily Bread Bakers deliver desserts to Our Daily Bread on the third Monday of each month between the hours of 8:30am and 6:00pm.

October 21, 2024

Joliece Reed . . . . . . . . . . Sara Stahler Nancy Stokes . . . . . . . Judy Wical

Say hello to Tiny Jesus! He is always among us and is watching over you! But where is he watching from? He could be anywhere in the church and if you happen to find him, you can bring him to the Church Office and win a prize!

You will know he is the one you want to find because he will have a black mark on the bottom of one foot.

If you find his helpers, Tiny Jesus at the Pulpit, Tiny Jesus enjoying the bells, or Tiny Jesus listening to Tom play the organ, please do not get too excited. Those Tiny Jesus helpers are not eligible for a prize.



We have recently been gifted two walkers and two shower seats for anyone who may need to borrow them! The First Christian Church had been collecting items for their own use and ended up with many more than they really need. They have reached out to all the churches and offered to pass them along! A thank you card has been sent, but if you know anyone from that church, please thank them for their generosity!!



Pastor Greg would LOVE to put together a Youth Sunday and give our kids another chance to lead the service!! If your kids would be interested in participating in a Sunday, please contact the Church Office!! The more the merrier!



If you are interested in providing flowers for the Communion table on a Sunday, to honor someone, or just because, please contact Holly in the Church Office (937) 592-6611 or secretary@bellefontainepres.com for more information.



Volunteers to help in the nursery are always welcome!! You can spend time with our little ones, coloring or playing games! Brenda Jenkins, our Nursery Attendant is happy to have you during the time of the Worship Service. Contact Anne Brienza.



If you are fascinated by those who serve as Worship Leaders on Sunday morning and want to take a leap of faith to help out, please contact Anne Brienza for availability dates!



The more Special Music, the BETTER!! We are looking for anyone and everyone who would like to participate in special music for our Worship Services! You can do just about anything!! Sing alone, sing in a group, play an instrument!! Age doesn't matter, we want everyone to enjoy being a part of the musical section of the service! If you are available to participate, please contact the Church Office for more information!



How we love to see our acolytes bringing the Light of God and the Holy Bible each Sunday morning! This is not just an activity for the young ones, we would like to see our adults active in this part of the service! We would especially be happy to have family members working together! For more information, contact Sue Crawfis!



Do you have any small household projects that you just can't get to due to mobility? That pesky lightbulb that needs to be changed? An outlet that needs repair? A leak that needs a small washer replaced?

The Mission Committee sponsors **HELPING HANDS**! We have members of the church who would be happy to help you through those small jobs that you just can't quite get to! Applications are available in the Narthex and at the Elevator entrance from the alley.

There is no charge for this service! We just want everyone to be safe and comfortable in their own home!! Of course, there are some requirements. . .

If we are able to help you in any way, please fill out an application today, drop it in the offering plate or email it to the Church Office at <a href="mailto:1stupc@bellefontainepres.com">1stupc@bellefontainepres.com</a>. If you have any questions, please call the Church Office (937) 592-6611 for more information.



### Meeting in October . . .

The Church Office will be CLOSED, October 14, in observance of Columbus Day! The Book Study will meet Tuesdays, 11:00am.

The Property Team meets Wednesday October 3, 1:30pm

The Church Growth and Member Care Team meets Sunday October 6, 12:00pm.

The Worship Team meets Tuesday October 8, 1:30pm.

The Deacons meet Tuesday October 8, 5:00pm.

The Mission Team meets Tuesday October 8, 6:00pm.

The Stewardship and Finance Team meets Wednesday October 9, 12:00pm.

The CE Team meets Wednesday October 9, 5:30pm.

The Personnel Team meets Thursday October 10, 5:05pm.

The PWA Leadership meets Sunday October 13, 12:00pm.

The Session meets Thursday October 17, 6:00pm.



### Noodling around In October . . .

Deacons On-Call: Nancy Farrington, Phyllis Lyons

Welcome Team: Sue Crawfis, Ben Stahler, Karen Brady, Nancy Wisse

Worship Leaders: Church Open and Close: Nursery Assistants:

October 6: Brad Flora October 6: Sue Crawfis October 6: Holly Core

October 13: October 13: Betty Lloyd October 13: October 20: Karen Brady October 20: October 27: October 27: Anne Brienza October 27:

### Noodle Knowledge

The first noodle dates back all the way to 2000 B.C. in China. It was made from millet, a type of cereal grain.

Before it became a budget-friendly take-out option, noodles were sold as a luxury item.

Japan invented instant ramen noodles. Did you know it would only cost you \$140 per year if you ate ramen for every meal every day?

By federal law, a noodle must contain 5.5 percent egg solids to be called a noodle.

It wasn't until 1970 that Samsung started selling electronics. Samsung, which was founded in 1938, by Lee Byung-Chul, was initially conceptualized as a store for trading goods like flour, vegetables and dried fish. Samsung also created their own noodles for export.

Though it is a fact that noodles originated in Asia, it is also true that the name noodle is from the German language. It is derived from a German word named "Nudel" that comes from "knödel," which means dumpling.



### Financial Focus . . .

### September 1, 2024

On-Line Attendance: 25

Sunday School Attendance: <u>25</u> Sunday School Offering: <u>\$40.00</u>

Worship Attendance: 83 Weekly Giving: \$4,470.30

Received To Date: \$142,041.85

#### September 8, 2024

On-Line Attendance: 17

Sunday School Attendance: 40 Sunday School Offering: \$53.00

Worship Attendance: <u>59</u> Weekly Giving: \$3555.30

Received To Date: \$145,597.15

#### September 15, 2024

On-Line Attendance: 11

Sunday School Attendance: 27 Sunday School Offering: \$37.00

Worship Attendance: 80 Weekly Giving: \$3,194.00

Received To Date: \$148,791.15

#### September 22, 2024

On-Line Attendance: 5

Sunday School Attendance: <u>36</u> Sunday School Offering: <u>\$40.00</u>

Worship Attendance: 60 Weekly Giving: \$1,958.00

Received To Date: \$150,749.15

### <u>September 29, 2024</u>

On-Line Attendance: 11

Sunday School Attendance: <u>37</u> Sunday School Offering: <u>\$51.00</u>

Worship Attendance: 67 Weekly Giving: \$4,620.00

Received To Date: <u>\$155,369.15</u>



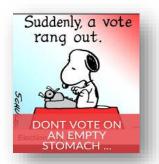
## Looking ahead . . .



Our Daily Bread Bakers deliver desserts to Our Daily Bread on the third Monday of each month between the hours of 8:30am and 6:00pm.

#### November 18, 2024

Tara Bair . . . . . . . . . Karen Brady Anne Brienza . . . . . . . . Debbie Day



November will bring the Election Day Lunch!! Tuesday November 5!

If you would like to be a part of the big day, please contact Eva Rinehart or any member of the PWA.

There will also be a craft bazaar, so any goods you may want to enter into that will certainly be welcome!



If Thanksgiving is soon to be upon us. . .

Can Advent be far behind?





November 3: Daylight Savings Time ends, Fall Back one hour!

November 5: Election Day Lunch!

November 11: The Church Office is closed in observance of Veterans Day!

November 27: No Bells rehearsal!

November 28: Thanksgiving Day!

December 1: The First Sunday in Advent – HOPE.

December 8: The Second Sunday in Advent – PEACE.

December 15: The Third Sunday in Advent – JOY.

December 22: The Fourth Sunday in Advent – LOVE.

December 24: Christmas Eve

December 25: Christmas Day

December 31: New Years Eve





We are honored to play host church are numeraling, December 28!





# From the Presbytery. . .



Installation Service for Annie Melick First Presbyterian Church, Eaton Sunday, October 27, 3:00 pm

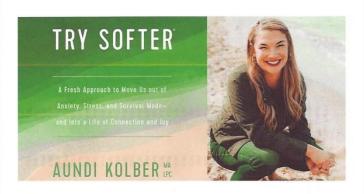
Presbytery of the Miami Valley is pleased to invite you to attend the service to install the Rev. Annie Melick as pastor of First Presbyterian Church, Eaton, on Sunday, October 27 at 3:00 PM.

This service will take place at First Presbyterian Church, 123 W. Decatur Street, Eaton. A reception will follow.

Please join us for this special occasion in our presbytery's life to celebrate and affirm God's call to the Rev. Melick to serve as pastor at First Presbyterian Church. The opportunity to come alongside pastors and congregations as they transition in shared ministry is a sacred time for our presbytery. It is one way to celebrate God's work through the faithful mission and ministry of our churches. We hope you can be part of this important covenant event.

Ruling Elder Janet Miller, Moderator Presbytery of the Miami Valley





Saturday, November 2

#### Try Softer with Aundi Kolber

Trauma Therapist & Christian Author Aundi Kolber offering an invitation to move us out of anxiety, stress, & survival into connection & joy!

Sponsored by: Westminster Presbyterian Church of Piqua

Date and time

Saturday, November 2 · 6 - 9pm EDT

Location

Westminster Presbyterian Church 325 West Ash Street Piqua, OH 45356

Outline for the Try Softer Event

6pm | Doors open to a Wellness Gathering in the fellowship hall with local practitioners
7pm | Aundi Kolber will speak including time for a Q&A in the Westminster sanctuary
8:30pm | Meet the Author & Wellness Gathering will resume with wellness practitioners

For additional information: Westminster Presbyterian Church (937) 773-0564



### Kids Corner...



#### **NOODLE FRISBEE RACE!**

You will need one Pool Noodle and one Frisbee for each team!

Create a starting line and have the first person line up with a pool noodle in one hand and the frisbee in the other.

Start the race and have each person balance the frisbee on top of the pool noodle and then race around a cone or designated spot and back to their team to hand off to the next person.

When doing individual races, have them race to a finish line.

If they drop the pool noodle, they have to return to the starting line, balance their frisbee on top of the pool noodle and begin again. As an alternate, you can also have them stop where they are, rebalance the frisbee and continue on.

\*\*For smaller kids, use shorter pool noodles and have them hold the noodle near the top for easier balancing.



### **NOODLE RING TOSS!**

A pool noodle stake can be fashioned quite easily with a 15 inch length of the noodle attached to a sturdy and heavy base, to avoid it falling over.

Cut various lengths of pool noodles to make a ring, taped together at the ends. Different sizes can be used as a point system when playing.

Aim for the stake from assorted locations (2 foot back, 4 foot back, etc.).

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В	L	Ε	Н	Ν	Α	Q	Ε	Р	Χ	1	D	Р	Ι	Q	1	Ν			
R	В	Ν	Ε	Ι	Ν	${\sf W}$	М	Р	D	Т	М	Α	C	C	K	Α			
U	0	I	Ν	L	Ν	R	М	Χ	Р	Ι	Н	Υ	Т	Н	I	I	Elbow Macaroni	Pasta Rotini	Pasta Shells
Т	W	U	I	L	Ε	Ε	D	Α	U	L	L	Α	W	L	Р	Ν	Orecchiette	Wagon Wheel	Tagliatelle
Z	М	G	C	Ε	L	W	В	Т	Ε	Ε	0	Ρ	L	Α	Τ	1		wagon wheel	ragnatene
L	Α	Ν	С	Т	L	٧	F	G	Ε	R	Α	Ι	Р	S	М	Т	Pappardelle	Tortellini	Fettuccine
L	С	I	U	R	0	S	Ν	Н	Ε	S	S	Р	Ε	Р	I	0	Cannelloni	Angel Hair	Spaghetti
G	Α	L	Т	0	Ν	Α	W	C	Т	U	Α	1	Τ	D	G	R		7 g G. 7 . G	- pag
Α	R	W	Т	Т	Τ	Ν	C	Α	F	R	Т	Υ	Z	Χ	Ε	Α	Rigatoni	Linguine	Ravioli
Ν	0	В	Ε	L	0	Н	S	D	D	W	М	K	Z	0	Ν	Т	Lasagna	Fusilli	Bowties
G	Ν	S	F	G	1	Н	٧	Ε	0	C	Т	W	R	Н	Ν	S			
Α	Ι	F	Α	Ε	Ε	Q	L	В	М	1	Т	٧	R	U	Ε	Α	Penne	Ziti	
S	R	W	Т	L	W	L	R	1	G	Α	Т	0	Ν	I	Р	Р			
Α	U	Т	L	0	Ε	S	Ι	L	0	I	٧	Α	R	Ν	Ν	Υ			
L	Ε	S	Α	G	٧	S	S	Ρ	Α	G	Н	Ε	Т	Т	1	Υ			



Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.

~1 Corinthians 15:58

two cents

Each month, the Board of Deacons encourages you to help meet the needs of our 1stUPC family through your donation to our **2 Cents for Compassion Offering**. Your donation will support the Deacons in their efforts to support those members of our church who are in need. Donate 2 Cents (or more) for every compassionate thought or deed you have experienced in the past month and place it in the "2 Cents for Compassion" envelope included in the Sunday bulletin.

### Our Lord Jesus said, "I desire mercy, not sacrifice."

**DINNER AT THE PRES!** October 28 will be our next Dinner at the Pres! The Mission Committee would LOVE volunteers for this date! If you are available to help serve, please contact Vicky Shields! Our Daily Bread will continue to need our help with serving on certain days of each month. If you are available to help, please contact Evelyn at 937-592-6325!



God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them.

mmunity

Through the **Community Cash Program**, shop at Community Market, bring in your receipts and place them in the Donation Centers outside the Sanctuary or in the Fellowship Hall and you can contribute! A portion of your sale will support the 1stUPC Sharing Fund, providing assistance to our church families as needed.

### "Whoever brings blessing will be enriched and one who waters will himself be watered."

Using your Kroger Reward Card will support Youth Mission Trips! To make an automatic donation with your Kroger Plus Card, go to krogercommunityrewards.com. Log in or set up a new account. Our NPO (non-profit) ID number is HD313, and listed as First (not 1st) United Presbyterian Church. Each year, through the graciousness of our 1stUPC shoppers, this fund contributes \$800 - \$1000 to support our youth mission trips.



