

# Presbyterian Press



*An affection for Autumn!*

October 2023



# Did you know?

Knitting has a long and fascinating history that originated in the Middle East and eastern Mediterranean around the 11th or 12th century. The earliest knitted artifacts are Egyptian socks from that era. Knitting then spread to Europe, where male guilds used it to make religious garments. Gradually, it became an ubiquitous and critical aspect of daily life, practiced by people of all genders and cultural backgrounds, and cherished as a means of providing warmth and comfort through hand-crafted clothing and blankets. Over time, knitting was passed down from generation to generation and evolved to reflect the unique cultural influences of various regions.

Before knitting, there was a needlework technique known as Nålbinding, (a Norwegian word meaning “needle binding”). Nålbinding creates a fabric similar to knitting by looping and knotting yarn with a single needle. It is often associated with the Vikings, but it was also practiced in other parts of the world. Archaeologists have found nålbinding fragments dating from various periods, such as 10,000 years ago in Israel, 7,750 BCE in Germany, the 5th or 6th century CE in Egypt, and the 9th or 10th century CE in Norway.

Another precursor to knitting was finger knitting, which is a simple form of knitting done using only the fingers instead of needles. Finger knitting has been practiced for centuries, especially by children and those who did not have access to needles.

These early forms of needlework laid the foundation for the development of knitting as it is known today.

Over time, knitting spread throughout the world and became popular in Europe, particularly in Scandinavian countries ([close to our hearts, naturally](#)), where it was used to create intricate patterns for clothing, blankets, and other household items.

The use of high-capacity knitting machines during the Industrial Revolution did make it easier to produce large quantities of knitwear. (Fun fact: knitting machines were first used in the late 1500s.) However, hand-knitting persisted as a beloved and widely-practiced craft, enjoyed by people from all walks of life. The rise of online communities such as [Ravelry](#) and social media platforms like [Instagram](#) and [Facebook](#) has greater connection and exchange between knitters, making it easier for them to share patterns and be inspired by one another facilitated.

Knitting offers a wide range of benefits to individuals and society. On a personal level, knitting can help reduce stress and anxiety by focusing on the present. It enhances cognitive function by stimulating various areas of the brain, including the motor cortex, frontal lobe, and occipital lobe. It's also a great way to stay active and improve hand-eye coordination, especially for older individuals. It can also slow down cognitive impairment and Alzheimer's disease.

From a societal perspective, knitting is a great way to bring people together and promote community building. Knitting groups are a popular way for people to socialize and form new connections while enjoying a shared hobby. Additionally, the popularity of knitting has helped revive traditional crafts and techniques, preserving cultural heritage and promoting cultural appreciation. Finally, knitting can also be a form of charity work, with many knitters using their skills to create items for those in need, such as blankets for children, scarves for the homeless, and hats for soldiers.

Knitting has been and continues to be an important part of many cultures and traditions, and it's a craft that has stood the test of time, evolving and adapting to changing needs and styles over the centuries.



# Good News!



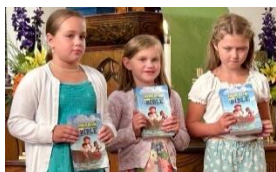
The **Church Office** will be closed, Monday October 9, in observance of Columbus Day!!



**McKay Thomas Kanary**, son of Cassie (Brady) and Sean Kanary, grandson of Karen Brady and Michael and Tracy Brady, was baptized Sunday September 17 by Rev. Rob Fulton. McKay was surrounded by the love of his immediate and extended family. Stepping in as godparents were Annie Fulton Pollack and Isaiah Brady. It was a beautiful day and blessing abound. Such a precious gift from God.



Our Fall Sunday School Kick Off was a SUCCESS! After a yummy breakfast, the teachers and kids formed a circle for the Blessing of the Backpacks for everyone!! The kids received some treats to take home! Thank you to everyone who was involved in making this such a fun morning!!



During the Worship Service our current 2<sup>nd</sup> Graders- **Nora McClelland**, **Charlotte Burkhardt** and **Evelyn Lentz** were presented with their bibles!



Congratulations to Annie (Fulton), Jeff and Sullivan Polack at the birth of **Mae Frances Polack** on September 22. Proud grandparents are Rob and Janet Fulton as well as many aunts, uncles and cousins!





# Thank You's!

Dear Deacon Friends,

We enjoyed the lovely flowers sweet Sue dropped off. You are all so kind and thoughtful. Many thanks again!

Love, Nate and Becky Weber

To the Deacons,

Our family is so grateful for the delicious meal and the warmly decorated gymnasium provided following Wanda's celebration of life.

~The Stahler Family



## Those needing our special prayers!

The Albanos- Sue and David, both with health issues

Jadyn Plaugher- Nephew of Gary and Lois McKenzie, leukemia

Nancy Scouten- Mother of Linda Costin, health issues

The Amidons- Our ENERGIZER BUNNIES, prayers for continuing health

Tina Deardurff- health issues

Carl Wunderle- Brother of Andy Wunderle, cancer

Makayla Brandyberry- Student of Becky Lentz, ongoing fight with cancer

Sherri Ullom- Friend of Jill Butler, health issues

Kathy Jo Putt- Daughter of Ralph and Kathy Morrison, effects of head trauma

Tom Snapp- Son of Dorothy Snapp, healing from a car accident

Tom Boone- Healing from back surgery

Vicky Shields- Healing from leg surgery

Vicki Shafer- Friend of Karen Baldwin, health issues

Whitney Shoots- Friend of Holly VanBuskirk, health issues

Ralph Morrison, health issues

Rose Gunkle- Aunt of Michelle Suman, health issues

Kris Sutterfield- Mother of Michelle Suman

Mark Brienza- Brother of Anne, leukemia

Linda Hanson- health issues

Prayer requests from our guests at Dinner at the Pres!

Pray for my kids and their families, none of them are saved.

Please pray for Mary, Linda and Earnie, Becky, Arleen and Pam.

Prayers for Florida.

Please pray for Leslie in Tallahassee waiting for the storm to hit.

Pray for Dallas, who is homeless.



Autumn is typically called "Fall" in the United States due to the fact that leaves fall from the trees at this time of the year.



The scientific name for the process by which leaves change color in autumn is Senescence.



# With us in spirit!

Sue Albano 1409 Whispering Pines Lane Belleft. 43311  
 Lois Ashworth 209 E. Glen Belleft. 43311  
 Janet Brunke 4888 Co. Rd. #55 Belleft. 43311  
 Barbara Bradford 221 School St. Belleft. 43311  
 Bob Carter 6559 US Rt 68 S Memory Unit W. Liberty 43357  
 Joyce Core 2450 Co. Rd. 118 Rushsylvania 43347  
 Bud & Mona Eichholtz 1328 Omaha Belleft. 43311  
 Anne Heinlen 741 E. Sandusky Ave. Belleft. 43311  
 Talma Heydinger 709 Iroquois Rd. Belleft. 43311  
 Jo Mustaine 2739 Co. Rd. #91 \*326 Belleft. 43311  
 Marcella Neeld 541 Center St. Belleft. 43311  
 Nate Weber 608 Newford Dr. Belleft. 43311



# Celebrating a birthday in October!

October 1: Lois Ashworth	October 14: Steve Cox
October 3: Todd Heydinger	October 16: Mark Butler
October 5: Lisa Kennedy	October 17: Mark Amidon
October 8: Betty Kindell	October 19: Bill Wical
October 10: Michael Levan	October 22: Judy Wical
October 11: Kelly Levan, Lyrik Core	October 24: Ben Stahler
October 12: Ella Wunderle	October 28: Eric Adelsberger, Dori Jervis



# Celebrating a Wedding Anniversary in October!

	October 7: Todd and Dana Heydinger	
October 22: Betty and Bobby Justice		October 23: Nate and Becky Weber



Chlorophyll is the green pigment in leaves that breaks down and results in leaf colors appearing as yellow and orange.



The breakdown of chlorophyll resulting in red and purple pigments is called anthocyanins where sugar is an added factor.



# Committee Calendar!

## OH HEY, FIRST FRIDAYS

The **Church Growth and Member Care Committee** will sponsor games and prizes on the front steps of the church for the First Friday Pumpkin Walk! 4:00pm – 8:00pm

Volunteers are needed to help run the games and give out prize bags as well as helping to stuff the bags beforehand! Those bags will include a coloring item, Sunday School information, candy and other goodies! For more information, please contact **Beth Powers!**



The **PWA** is in need of clean, empty spaghetti sauce jars with lids, for their retreat being held October 8<sup>th</sup> at Kirkmont Center!

They prefer to have the jars that are smooth, not those type with raised lettering on them. There will be a box in the kitchen for the jars, so just drop them off there!!



Join in the fun of the **Presbyterian Women's Association** Fall Retreat, Sunday October 8, 12:30 – 4:00pm in the Goodrich Lodge, where there will be all levels of activities to enjoy!! If you are planning to attend, please contact the Church Office!



The **Church Growth and Member Care Committee** is sponsoring a Family Bingo Night!! Mark your calendar for Thursday October 12, 5:15pm!

We will enjoy pizza and drinks until 6:00pm and then let the fun begin!!

Participants are asked to bring prizes to share such as baked goods, gently used toys a child might like, or a bag of Halloween Candy! Any sort of White Elephant prize will be greatly appreciated!



Our Daily Bread Bakers deliver desserts to Our Daily Bread on the 3rd Monday of each month between the hours of 8:30 am and 6:00 pm.

### October 16

Sara Stahler.....Nancy Stokes  
Celynn Taylor.....Judy Wical



According to autumn superstition, catching a falling leaf will bring you good luck!



The Foliage Network is the scale used to measure the intensity of autumn colors.



# Meeting in October!

The **CE Committee** meeting time is to be determined.

The **PWA Leadership** meeting time is to be determined.

The **Church Growth and Member Care Committee** meets Monday October 9, 6:00pm in the Library.

The **Deacons** meet Tuesday October 10, 5:00pm in the Library.

The **Mission Committee** meets Tuesday October 10, 6:00pm in the Church Office.

The **Worship Committee** meets Tuesday October 10, 7:00pm in the Library.

The **Session** meets Thursday October 12, 7:00pm in the Library.

The **Stewardship and Finance Committee** meets Monday October 16 12:00pm in the Library.

The **Book Club** meets Tuesday October 17, 6:30pm, location to be determined. The selection for this month is "Triple Jeopardy" by Anne Perry.

The **Property Committee** meets Wednesday October 25, 7:00pm in the Gym.



# Serving in October!

**Deacons On Call:** Pat Ortli, Andy Wunderle

**Worship Leaders:**

October 1: Anne Brienza

October 8: Bridget Hawkins

October 15: Beth Powers

October 22: Vicky Shields

October 29: Sara Stahler

**Welcome Team:**

Nancy Wisse, Jack Costin, Sue Crawfis, Ben Stahler

**Church Open and Close:**

October 1: Karen Brady

October 8: Bridget Hawkins

October 15: Karen Brady

October 22: Bob Core

October 29: Vicky Shields

**Communion Team:**

October 1: Beth Powers, Sara Stahler, Brandon Standley

**Church Elder On-Call:**

October 1-14: Beth Powers

October 15 - 21: Sara Stahler

October 22 - 28: Brandon Standley

October 29 – November 4: Vicky Shields



# Financial focus!

September 3, 2023

On-Line Attendance: 14

Sunday School Attendance: 17

Worship Attendance: 47

Received To Date: \$126,116.05

Sunday School Offering: \$14.28

Weekly Giving: \$6,345.34

**-\$24,147.95**

Needed Weekly: \$41.50

Needed Weekly: \$4,174.00

Needed To Date: \$150,264.00

September 10, 2023

On-Line Attendance: 0

Sunday School Attendance: 33

Worship Attendance: 56

Received To Date: \$127,971.05

Sunday School Offering: \$42.11

Weekly Giving: \$1,855.00

**-\$26,466.95**

Needed Weekly: \$41.50

Needed Weekly: \$4,174.00

Needed To Date: \$154,438.00

September 17, 2023

On-Line Attendance: 14

Sunday School Attendance: 34

Worship Attendance: 62

Received To Date: \$131,367.77

Sunday School Offering: \$55.00

Weekly Giving: \$3,396.72

**-\$27,244.23**

Needed Weekly: \$41.50

Needed Weekly: \$4174.00

Needed To Date: \$158,612.00

September 24, 2023

On-Line Attendance: 5

Sunday School Attendance: 28

Worship Attendance: 65

Received To Date: \$133,979.77

Sunday School Offering: \$49.00

Weekly Giving: \$2,612.00

**-\$28,806.23**

Needed Weekly: \$41.50

Needed Weekly: \$4174.00

Needed To Date: \$162,786.00



The Season of Pledging is upon us! You will soon be receiving information from the Stewardship and Finance Committee outlining how you can pledge for the coming year of 2024.

The rebuilding of our church is going to be up to all of us! We can work together to make this church all that we want it to be!

If you have any questions, please contact any member of the Stewardship and Finance Committee.





# Looking Ahead!



We will be honoring our **Veterans** on Sunday November 12<sup>th</sup>!

Please submit names, ranks, branch of the military, and dates of service for yourself, your family, members of our church family, whether living or those who have passed on. Send those to Holly at [1stupc@bellefontainepres.com](mailto:1stupc@bellefontainepres.com).

**The deadline for submission is November 1<sup>st</sup>!**

This year, we will be putting together a book of **Advent Devotions and Christmas Memories!**

Please send any memories, stories, recipes, knitting, crochet or sewing patterns, poems, thoughts, remembrances, traditions and talents to Holly at [1stupc@bellefontainepres.com](mailto:1stupc@bellefontainepres.com).



**The deadline for submission is November 1<sup>st</sup>!**



**HOOPS AT THE PRES** will begin November 12! The Church Growth and Member Care Committee will sponsor this event which gives kids a chance to come and play in open gym! Beginning at 3:00pm and running until 4:30pm, teams can shoot around or play against each other! Some concessions will be available for purchase. Parental/Custodial liability forms will be provided. Any questions? Contact Brandon Standley!!



# From the Presbytery!

## Hope for Ukraine Concert Tour

from our friends at Xenia United Presbyterian Church

**Xenia United Presbyterian Church** is sponsoring and hosting 32 women from Ukraine who will be in town to perform a free concert **October 3, 7:00 PM**, at Xenia High School, 303 Kinsey Rd., Xenia. The visiting chorus is from the Kyiv Symphony Orchestra and Chorus (KSOC).

KSOC is part of **Music Mission Kiev** which uses sacred music to spread and share the Gospel.

Presbytery of the Miami valley

Presbytery of the Miami Valley  
4417 Bigger Rd.  
Dayton, OH 45440  
[www.miamipresbytery.org](http://www.miamipresbytery.org)

PC(USA)



Each month, the **Board of Deacons** encourages you to help meet the needs of our 1<sup>st</sup> UPC family through your donation to our **2-Cents-of-Compassion Offering**. Your donation will support the Deacons in their effort to support those members of our church who are in need. Donate 2 cents (or more) for every compassionate thought you have had in the last month and place it in the “2 Cents of Compassion” envelope included in Sunday’s bulletin.

***Our Lord Jesus said, “I desire mercy, not sacrifice.”***

**DINNER AT THE PRES!** Plans are being made for the next dinner, Tuesday September 26!! A sponsoring Committee is needed! If your Committee would like to step up, please contact Vicky Shields! In the meantime, Our Daily Bread will need our help with serving on the last Tuesday of each month. Four or five volunteers are needed. If you are available to help, please contact Evelyn at 937-592-6325!



***God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them.***

Through the **Community Cash Program**, shop at Community Market (2 locations, North Main St. and East Sandusky Ave.), bring in your receipts and place them in the Donation Centers outside the sanctuary (Narthex) or in the Fellowship Hall. A portion of your sale will support 1<sup>st</sup> UPC’s Sharing Fund, providing assistance to our church families as needed.

***“Whoever brings blessing will be enriched, and one who waters will himself be watered.”***

**Use your Kroger Reward Card and support Youth Mission Trips!**

To make an automatic donation with your Kroger Plus Card, go to [krogercommunityrewards.com](http://krogercommunityrewards.com). Log in or set up a new account. Our “NPO” (non-profit organization) ID number is **HD313** and is listed as First (not 1<sup>st</sup>) United Presbyterian Church. Each year, 1<sup>st</sup> UPC folks who have named 1<sup>st</sup> UPC as their charity contribute \$800-\$1000 a year to support our youth mission trips. It only takes a little on your part – but it sure helps our community a lot!



***“And let us not grow weary of doing good, for in due season we will reap if we do not give up.”***

